



**Children & Families
Overview & Scrutiny Committee**
10 September 2008

**Report from the Director of Children
and Families department**

For Information

Wards Affected: ALL

Report Title: Sports Provision available to young people in Brent

1 SUMMARY

- 1.1** This report provides Members with details about the provision of sports facilities and opportunities to young people within Brent, recognising that the Council is just one of many providers.
- 1.2** The report includes information about sports provision within the school environment. It includes details about how school sport has significantly improved in Brent over the last few years such that in 2007, 83% of school pupils were receiving two hours quality PE.
- 1.3** The report also provides information about sports facilities and opportunities outside the school environment.

2 Recommendations

- 2.1** That Members note the content of the report and the significant improvements made to date in the provision of opportunities for sport by young people in Brent.

3 **Detail**

Background

- 3.1** Approximately one quarter of Brent's population is aged 19 and under and there is significant evidence to show that if a person regularly takes part in sport and physical activity at a young age they are likely to carry this through into adult life and therefore live a healthier more active lifestyle. It is therefore key that the providers of sports opportunities in the Borough, of which the Council is just one, ensures that a wide and varied range of sports opportunities are available to Brent's young people both within and outside school.
- 3.2** School sport has significantly improved in Brent since 2002 with the introduction of two school sports partnerships (SSP's) in 2003 whose purpose is to increase participation in PE and School Sport by 5-16 year olds. The appointment in 2005 of an advisory teacher for Physical Education who works with schools has also had a significant impact on both the quantity and quality of overall provision. The work of both the SSP's and the advisory teacher has resulted in a significant increase in the percentage of pupils who receive 2 hours quality PE from 24% in 2003 to 83% in 2007 with a target of 85% in 2008.
- 3.3** The Council's sports service has also significantly improved since a poor audit commission inspection in 2002 and the Borough now provides four sports centres which focus on providing sport for all Brent's communities. In addition the sports development team develop sport in an outreach environment, providing and enabling provision within local communities, delivering Local area agreement (LAA) targets and working with other sports providers to increase opportunities for all Brent's residents.
- 3.4** A strategy for sport and physical activity in Brent 2004 to 2009 was written by the Brent's sports forum as a strategy for all providers of sport and physical activity. The Strategy identified six key themes which were the strategic focus for all providers of sport. These six themes were:
1. Promoting the health benefits of an active lifestyle
 2. Increasing awareness of sports opportunities
 3. Ensuring facilities are 'fit for purpose'
 4. Reducing barriers to participation and ensuring equity in sport
 5. Supporting and developing local clubs
 6. Increasing sports opportunities for young people
- 3.5** In addition to these six themes five priority groups were identified which were considered to be underrepresented in terms of

participation in sport and physical activity and young people were one of these target groups. Significant progress has been made against the strategy's themes and a new strategy is currently being developed for 2009 and beyond.

4 SCHOOL SPORTS PROVISION

4.1 Physical Education (PE) and school sports play an important role in school life. They help to raise standards, improve behaviour and health, increase attendance and develop social skills. This means that, in the five years to 2008, over £1.5 billion will have been invested nationally to transform PE, school sport and club links.

4.2 A joint Department for Children, Schools and Families (DCSF) and Department for Culture, Media and Sport (DCMS) Public Service Agreement Target (PSA) had been set, to increase the take-up of sports participation by 5 -16 year olds as follows:

'Enhance the take-up of sporting opportunities by 5 to 16 year olds so that the percentage of school children in England who spend a minimum of two hours each week on high quality PE and school sport within and beyond the curriculum increases from 25% in 2002 to 75% by 2006 and to 85% by 2008' (PSA target)

4.3 Participation in at least two hours of PE and school sport has increased from just 24% in 2003/04, up to 62% in 2004/05, 81% in 2005/06 and 83% in 2006/7 survey. This years target is 85%.

4.4 In Brent, in 2007, 83% of pupils aged 5-16 years participate in at least two hours of high quality PE and out of hour's school sport in a typical week.

4.5 There have been marked improvements in levels of participation in Years 1 – 6 over a four year period. There have also been smaller improvements in Years 7 – 9. However, participation levels in Years 10 and 11 have always been recorded at a low level, and while there have been improvements, these have been small.

4.6 Across primary schools participation was 95% and in special schools it was 71.5%. In secondary schools it was higher at 80.3%.

4.7 There are clear differences in levels of participation between year groups. Most year groups achieve high levels of participation of over 85%. The exception to this is pupils in Years 10 and 11, where levels of participation are noticeably lower (52% and 43% respectively).

- 4.8** Pupils in Brent schools spend an average of 121 minutes participating in curriculum PE in a typical week. Analysed by individual year group, pupils in Years 1 – 9 received a minimum average of 121minutes, but those from Years 10 and 11 received far less (86 and 77 minutes respectively)
- 4.9** While the number of ‘girls only’ schools is small, it is clear that participation rates are lower in such schools than in ‘boys only’ or mixed schools
- 4.10** Survey results show that there has been an increase in the average time spent per pupil per week on PE and school sport from 103 minutes in 2003/04, to 107 minutes in 2004/05, to 123 minutes in 2005/06, and a slight decrease to 121 minutes in 2006/07. Years 1 - 6 have shown consistent improvements over time in terms of the average number of minutes spent on curriculum PE, while this has not been the case for other year groups. In particular the 2006/07 results for Years 10 and 11 have shown no movement on the previous year, and so remain slightly lower than the 2004/05 figures.

Participation in intra and inter-school competitive activities

- 4.11** Aside from school sports days, 59% of pupils in Brent schools were involved in intra-school sports activities. This peaked at Years 6, 7 and 8, and was therefore higher in secondary (62%) than in primary (56%) schools.
- 4.12** 94% of schools reported that they held at least one sports day or equivalent event during the 2006/07 academic year.
- 4.13** Across Years 1 – 11, a total of 33% of pupils were involved in inter-school competition during the academic year. Comparisons with previous data can only be made for Years 4 – 11: this shows an annual increase from 33% in the first survey, up to 35%, then 37% and up to 40% in the 2006/07 survey.

Sports provided in schools

- 4.14** The average number of sports provided by each Brent school during 2006/07 was 15. This represents an increase from 11 in the 2005/06 survey.
- 4.15** The most widely available sports were football, dance, gymnastics, athletics, cricket, basketball and rounders.
- 4.16** The biggest increases in availability of sports have been for multi-skill clubs, golf, tennis, gymnastics, basketball and fitness.

School Club links

- 4.17 On average Brent schools have links to 7.0 different clubs. This represents an increase from the 2005/06 survey when schools had links to 3.4 different clubs.

Community sports, dance and multi-skill clubs

- 4.18 Across Years 2 – 11 an average of 27% of pupils had participated in one or more sports, dance or multi-skill clubs with links to the school during the academic year. This represents an increase from 13% in 2005/06.

Gifted and talented pupils

- 4.19 An average of 6.5% of pupils across Years 5 – 11 are currently registered as gifted and talented because of their ability in PE and/or school sport.
- 4.20 The numbers of pupils registered as gifted and talented has increased slowly from an original figure of 3% in 2003/04, up to 4% (2004/05), then 5% (2005/06) and now the current 6.5%.

Sports volunteering and leadership

- 4.21 10% of pupils in Years 1 – 13 have been involved in sports volunteering and leadership during the 2006/07 academic year. Comparisons over time on this question are limited to Years 10 – 13, but show a consistent upwards movement each year.

Continuing professional development (CPD)

- 4.22 In 2005 a Local Delivery Agency (LDA) was established for the operations, management and delivery of The National Professional Development Programme for PE and School Sport. The programme offers training to teachers and other adults supporting learning by offering a wide menu of opportunities that are both centrally organised or school based. The Programme has been very successful and is now an established part of the overall training programme of the School Improvement Service. To date over 3,000 teachers have accessed the training and over 70% of schools have had school based training modules through the programme.

5 SPORTS FACILITIES AND PROVISION IN BRENT

5.1 Indoor sports facilities within Brent

Sports Centres.

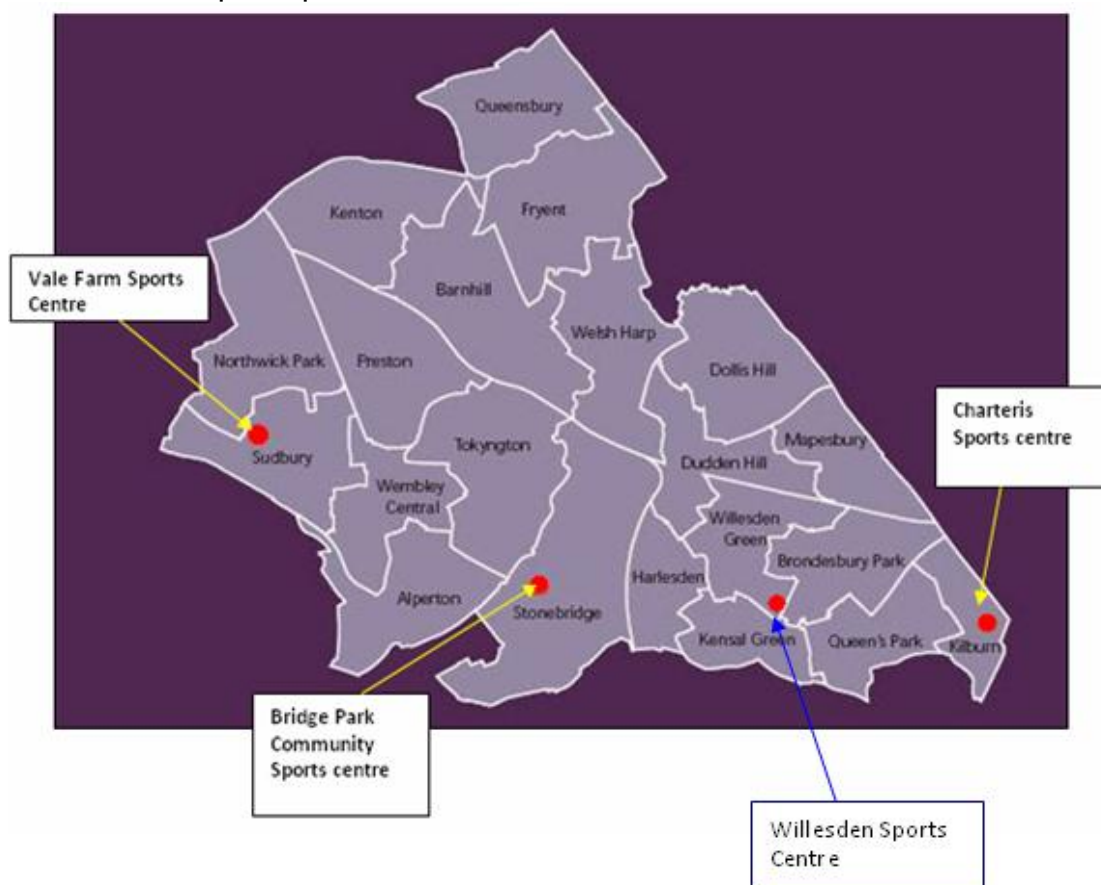
5.1.1

Within Brent there are four Council owned sports centres:

- Willesden sports centre (wet and dry provision)
- Vale Farm sports centre (wet and dry provision)
- Bridge Park Community Leisure Centre (dry provision)
- Charteris sports centre (dry provision)

There were 1,112,044 visits to these centres in 2007/08 with approximately 29% of visits being made by young people. The centres include sports hall provision (and depending on the individual centre) also offer health and fitness facilities, squash courts, dance studios, dojos, an athletics track and an indoor running tube.

Map of Sport Centres



5.1.2

Each sports centre offers its facility for hire to individuals, groups, clubs (many of which run sessions specifically for juniors) and schools. A school or junior sports club can hire the facility at a reduced rate. In addition the centres organise their own extensive programmes of activities for all age groups including young people.

5.1.3

The junior activity programmes organised by the sports centres range from learn to swim lessons, courses in sports such as trampolining, badminton, football, basketball, athletics, dance, ballet, gymnastics, cricket, netball and much more. A successful primary school night is held at Willesden sports centre in conjunction with the

South Sports Partnership and 150 young people attend regularly each week. During the school holidays the centres will also organise holiday sports programmes, offering both wet and dry-side activities.

Swimming pools.

5.1.4 Brent has two public swimming pools at Willesden and Vale Farm sports centres. An extensive programme of learn to swim lessons are organised by the sports centres who also organise holiday swimming programmes that include aqua-extreme activities (water polo and mini diving), women and girls only sessions as well as offering free weekday swimming for under 17's for five hours each weekday during every school holiday. In 2007/2008 there were 24,462 casual junior swims and 21,138 junior free swims in this period. In total there were 233,415 junior swim visits (school swimming, swimming lessons included) which equates to 62% of all swim visits to the sports centres.

5.1.5 In addition to this there are a few small pools associated with private health and fitness facilities. There are also small pools at Wykeham and Grove Park primary schools which have very limited community access.
(See appendix one for a list of swimming pools.)

Map to show location of swimming pools in Brent



Non Council owned indoor sports facilities.

5.1.6 As well as facilities owned by the Council there are a number of privately run facilities such as Cannons, Living Well, Manor Health and Leisure Club, Fitness First and Genesis gym. Most of these facilities are health and fitness focussed with large gyms but some of these may be used by young people whose parents are members of these facilities or by older teenagers who want to join a local gym and will use it on a regular basis.

School sports halls

5.1.7 Eighteen local education authority schools have sports halls or gymnasiums. Eleven of these are available for use by the local community either on a pay and pay basis or by booking the facilities to local sports clubs and community organisations, however seven school sports halls are not available to the local community. There are also some concerns from voluntary organisations and sports clubs that some of the school sports halls that are available for hire are unaffordable.

5.2 Outdoor sports facilities within Brent

5.2.1 Within Brent there are outdoor facilities for tennis, football, rugby, cricket, Gaelic football, athletics (at Willesden sports centre), basketball, netball, golf and watersports.

Pitches

5.2.2 The Council's Parks service provides the majority of public outdoor pitches which are available across the Borough for hire by schools, teams and clubs. Only 13 out of 74 junior and secondary schools have their own pitches and a very small percentage of these are available for community use. There are also a small number of sports clubs which own their own pitches or have long term leases. These clubs in particular tend to have thriving adult and junior sections offering competitive and coached opportunities for young people e.g. Wembley Cricket Club, South Hampstead Cricket Club.

Artificial Turf Pitches (ATP)

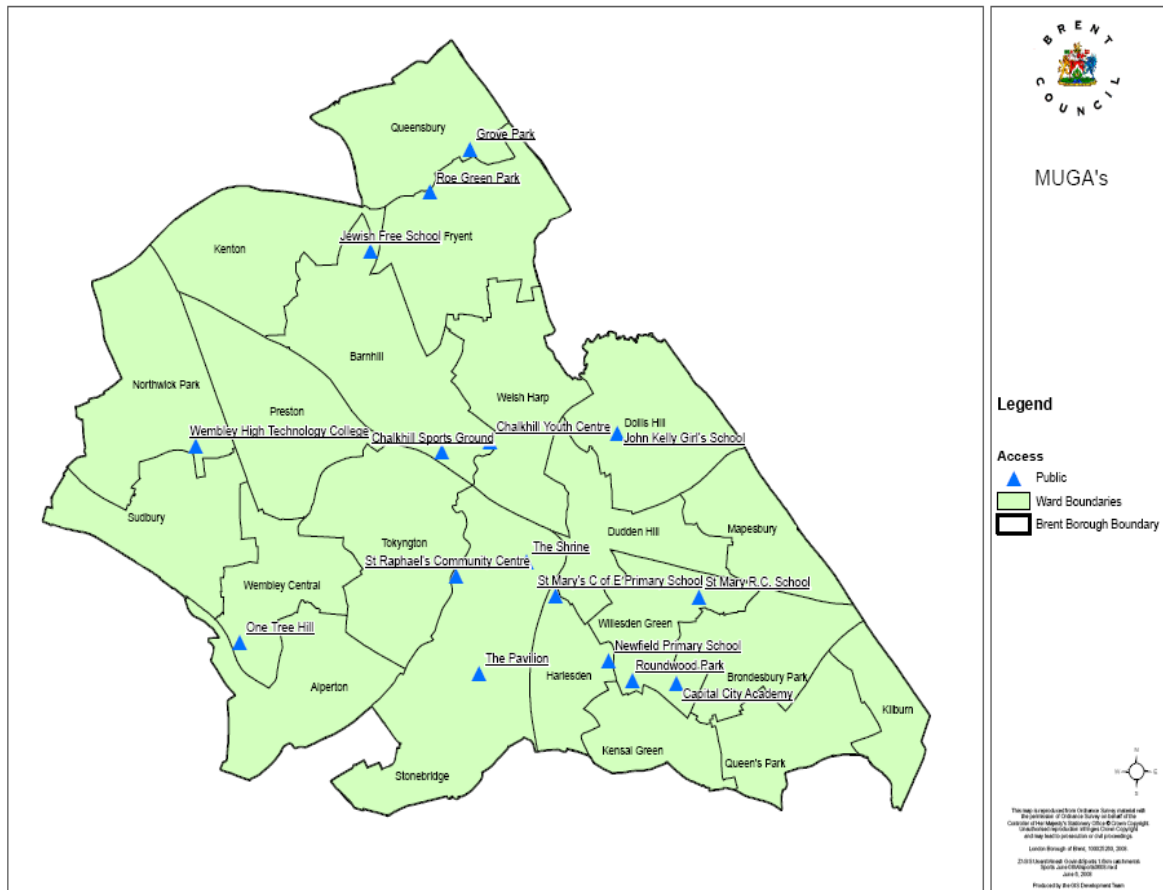
5.2.3 There are a number of artificial turf pitches in the Borough which provide opportunities for groups, teams and clubs to hire the facilities predominantly for football. The majority of these facilities are floodlit and therefore can be used during the evening. Goals soccer centre in Alperton provides fourteen 5-a-side pitches and a 7-a-side pitch which it makes available to local schools during the daytime and organises very successful junior football sessions during the weekends and Monday after school The Pavilion at Stonebridge also provides a 5-a-side pitch as well as a full size ATP and this new facility is well used by the local community and the Pavilion organises activities for young people as well as training courses and holiday programmes. Other full size floodlit ATP's are provided at Vale Farm sports centre, Capital City Academy and JFS.

Multi Use Games Areas.

5.2.4 The Parks and Sports Service are expanding their provision of Multi Use Games Areas (MUGA's) which are built to provide opportunities for basketball and football on a fully enclosed tarmac surface. The map below shows the location of existing MUGA's and further facilities are planned for Sudbury Court, Gladstone Park, John Billam King Edwards Recreation Ground, Tiverton Green and One Tree Hill over the next three years. These facilities are available free of charge and are very popular with young people of all ages.

5.2.5 A number of schools also provide MUGA's although within the school environment these tend to be larger facilities more focussed on providing opportunities for football rather than integrated football/basketball. Community access to these facilities is varied.

Map to show MUGA locations in Brent



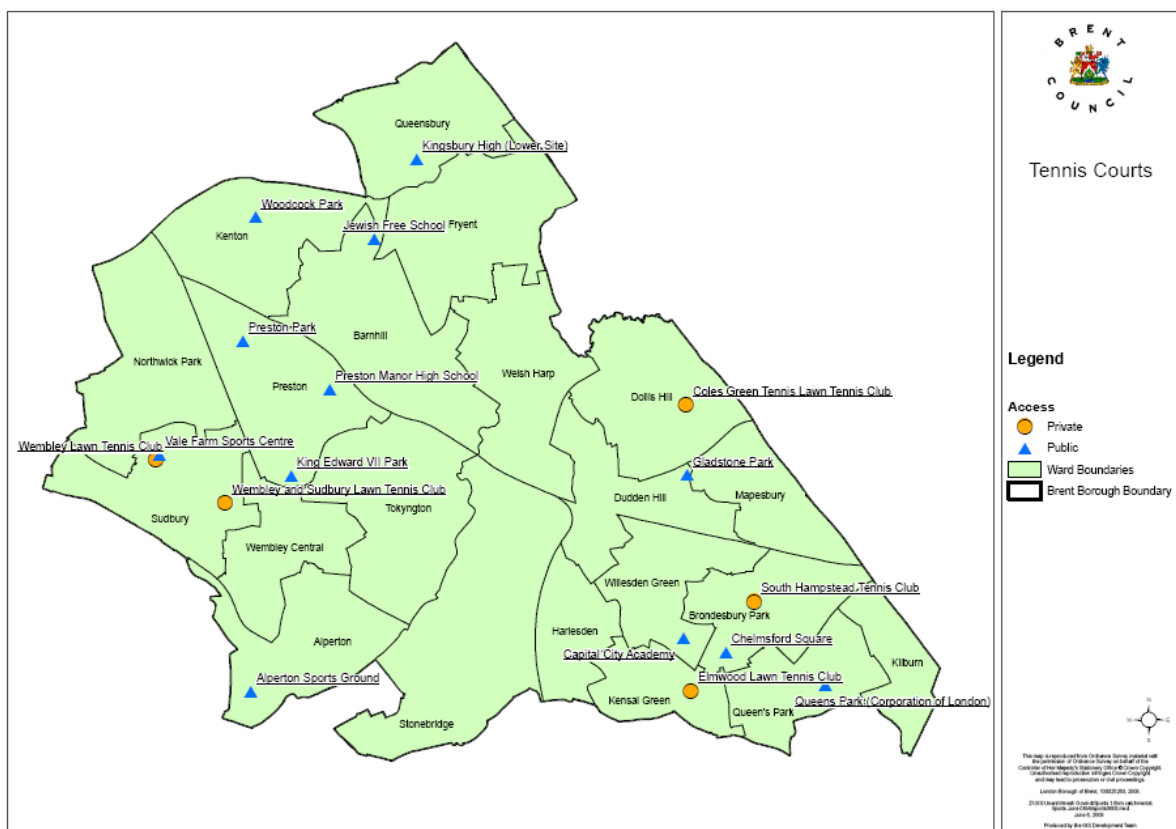
(See appendix 2 for list of MUGA sites).

Tennis courts

5.2.6 The Parks service is the main provider of public outdoor tennis courts in the Borough with a few sports clubs having their own facilities e.g. Wembley and Sudbury tennis club, Elmwood tennis club. A few schools also provide tennis courts with varied levels of community

access. Within Parks the courts are available to under 17's free of charge. (See appendix 3 for list of tennis court sites)

Map to show tennis court locations in Brent



Other outdoor facilities

5.2.7 New netball courts are to be provided later this year in Gladstone Park; all other netball courts are provided on school sites. There is also a privately operated floodlit golf driving range at Northwick Park which provides opportunities for young people, as well as a short hole golf course. There are sailing and water sports clubs based on Welsh Harp which offer opportunities for all ages including young people. A skateboard park is provided on St. Raphael's estate which is available free of charge.

5.3 Sports Opportunities

5.3.1 There are many providers of sports activities for young people in Brent. One of the main providers is the Borough's sports centres (see para 5.1.1 above) and the Council's sports development team. In addition other Council service areas organise sports activities for young people (e.g. Youth Service) as do sports clubs, community groups and voluntary organisations.

Sports Development

5.3.2 The Council's sports service provides a sports development team. These officers support, manage and organise a wide range of sports activities on an outreach basis working in partnership and utilising local facilities such as parks, schools, community halls etc. One of the sports development officers focuses on organising activities for young people both during the term time (e.g. a junior fitness programme that included activities such as spinning and boxing circuit) and holiday activities. During summer 2007, 36 activities ranging from aqua extreme, baseball, boxing, cheerleading, circus skills, climbing, fencing, hulaerobics, multi sports, taekwon-do, trampolining, ultimate Frisbee and yoga, were organised. These activities were held at 62 different venues across the Borough and attracted 3515 visits by 906 young people.

5.3.3 The sports development team also organise Brent's representation at inter borough events such as the London Mini Marathon and the London Youth Games and London Mini Games working with schools, sports clubs and local coaches to select teams of young people to represent Brent in over 40 competitions.

5.3.4 'Access to Leisure' was one of the 2006 Local Area Agreement (LAA) themes. The Access to Leisure LAA theme's aim is to increase participation in sport and physical activity and therefore areas of work focussed on:

- increasing participation in sport by disabled children,
- increasing participation in sport by Looked After Children,
- increasing use of Brent's sports centres by young people and
- providing sports activities as a diversionary tool from crime and anti social behaviour.
- increasing the number of Brent's adults that participate in sport.

5.3.5 Examples of how sports development officers have worked to address these areas of work include officers working with special schools, holiday playschemes and disability groups such as Mencap to organise sports coaching sessions for disabled children at Willesden sports centre. Officers provided free gym inductions and vouchers to Looked After Children and children leaving care to enable them to make use of local sports facilities. To provide diversionary activities the sports development team have organised a vast variety of mainstream sports as well as 'minority' sports and

activities such as parkour, in-line skating, boxing, archery, street dance, ballroom dancing, volleyball and tag rugby.

Sports Clubs

5.3.6 There are a variety of different sports clubs in Brent offering opportunities for adults and juniors in activities as varied as athletics to volleyball. A number of these clubs run sections specifically for juniors and offer their members opportunities for coaching, playing and competition. The Sports Service's website includes a free Sports Club Directory which currently has over 90 clubs registered. The sports development officers work closely with the sports national governing bodies to encourage clubs to work towards their Club Mark scheme (an accreditation scheme for sports clubs) to evidence that they have good practice policies and procedures in place which then makes it easier for schools to work with those clubs to refer their pupils to those sports clubs.

5.3.7 Several sports clubs such as Wembley Cricket Club, South Hamstead Tennis club, Paws Basketball club go into schools to deliver sessions during curriculum time to support the PE programme and promote their clubs.

Voluntary and community groups

5.3.8 Many voluntary and community groups offer opportunities for their members to take part in sport as part of the many activities that they organise. Several of these groups will hire Brent's sports centres to host sports days but sport is often included as an activity within their usual community venue for example Maharashtra Mandal London Community group have set up a badminton club, Love Life Sisters - a Muslim community group are setting up girls/women only swimming sessions. In many of these instances the Council can support these community and voluntary groups apply for external funding through schemes such as Awards for All to fund new sports opportunities.

Coach Education

5.3.9 To help sustain sports clubs and community groups these organisations need more sports coaches, leaders and volunteers. The Sports service, governing bodies of sport, schools and youth service offer opportunities for all ages including young people to gain qualifications and skills as sports coaches, sports leaders and officials and will then try and match these newly qualified young people and adults with local groups, schools, clubs and facilities in the area that are looking for support. In 2007 34% of the people (32 people) attending the coach education programme organised by the Council's Sports Service were aged 16 to 19 years.

6 NEW DEVELOPMENTS

6.1 A new strategy for sport and physical activity is being developed by the Brent Community Sports and Physical Activity Network (Brent CSPAN) which is made up of key stakeholders from Council

departments, schools, leisure operators, sports clubs and the voluntary sector. This strategy will focus and prioritise the work of all providers of sport from 2009 onwards and help continue to develop a more co-ordinated approach to sports provision.

- 6.2** London 2012 will provide schools and all other sports providers with an opportunity to stimulate interest and motivation in sport in the lead up to the Olympics and the challenge will be to retain this enthusiasm so that there is a lasting legacy to the London 2012 Olympics. During the holidays and term time junior courses and taster sessions are being organised in Olympic sports and it is hoped that match funding will be granted by Sport England to enable Brent to host a short distance mass participation fun run to encourage a 'whole family approach' to taking part in sport. The Council will work to deliver it's 2012 Action Plan and will look to develop opportunities as they arise that embeds the legacy of London 2012.
- 6.3** The two school sports partnerships have had their funded extended until 2010 and central government is considering bringing in a new key performance indicator to measure the percentage of young people that are undertaking 5 hours quality sport and PE within and beyond the school environment.
- 6.4** The Building Schools for the Future programme provides an opportunity to transform the education of our pupils and transforming the education stock to help achieve this. This will enable the LEA to consider school sports provision strategically in light of other facilities in the vicinity and ensure that there is a more equitable approach to community use and access and that sports provision is identified as a key facility within schools to the benefit of pupils and the local community.

7 **Contact Officers**

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Appendix 1 Swimming Pools

Map Point	Facility Name	Postcode	Ward	Lanes	Ownership	Facility Age	Year Refurbished	Access
1	Vale Farm Sports Centre	HA0 3HG	Sudbury	6	Local Authority	1979		Pay and Play
2	Willesden Sports Centre	NW10 3QX	Willesden Green	6	Local Authority	2006		Pay and Play
3	Grove Park School	NW9 0JY	Queensbury	3	Community Special School	1977		Private
4	Wykeham Primary School	NW10 0EX	Welsh Harp	2	Community School	1972		Private
5	North West London Jewish Day School	NW6 7PP	Brondesbury Park		Voluntary Aided School	1986	2005	Private
6	Living Well Health Club	HA9 8DS	Tokington Ward	-	Commercial	1994	2007	Private
7	Cannons health Club	NW2 5JY	Brondesbury Park Ward	3	Commercial	2002		Private
8	Manor Health and Leisure Club	NW2 6PG	Mapesbury Ward	-	Commercial	2001		Private

Appendix 2

MUGA's

Map Point	Site name	Postcode	Access
1	St Mary's C of E Primary School	NW10 9JA	Public
2	Newfield Primary School	NW10 3UD	Public
3	The Pavilion	NW10 8LW	Public
4	Roe Green Park	NW9	Public
5	Jewish Free School	HA3 9TE	Private
6	Roundwood Park	NW10	Public
7	Wembley High Technology College	HA0 3NT	Private
8	Capital City Academy	NW10 3ST	Public
9	St Raphael's Community Centre	NW10 0TS	Public
10	Chalkhill Sports Ground	HA9	Public
11	The Shrine	NW10	Public
12	John Kelly Girl's School	NW2 7SN	Private
13	One Tree Hill	HA0	Public
14	Chalkhill Youth Centre	HA9 9DB	Public
15	Grove Park	NW9	Public
16	St Mary R.C. School	NW2 5BB	Public

Appendix 3

Tennis Courts

Map Point	Site Name	Postcode	No. of Courts	Access
1	Coles Green Tennis Lawn Tennis Club	NW2 7HR	3	Private
2	Elmwood Lawn Tennis Club	NW10 5AJ	6	Private
3	South Hampstead Tennis Club	NW6 7AR	5	Private
4	Wembley Lawn Tennis Club	HA0 3HG	3	Private
5	Wembley and Sudbury Lawn Tennis Club	HA0 3AB	5	Private
6	Capital City Academy	NW10 3ST	4	Public
7	Jewish Free School	HA3 9TE	3	Public
8	Kingsbury High (Lower Site)	NW9 9JR	3	Public
9	Preston Manor High School	HA9 8NA	3	Public
10	Alperton Sports Ground	HA0 1JH	5	Public
11	Chelmsford Square	NW10 3AR	6	Public
12	Gladstone Park	NW2	10	Public
13	King Edward VII Park	HA9 7RX	3	Public
14	Preston Park	HA9 8RG	6	Public
15	Queens Park (Corporation of London)	NW6	6	Public
16	Woodcock Park	Ha3	6	Public